

# Analysis and application of elements of roller skating ideological and political teaching

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## Abstract

In order to give full play to the "educating people" value of roller skating courses in colleges and universities, the teaching of roller skating in the social sports guidance major of Henan Polytechnic University is taken as the research object, and 2018 is used. The textbook of "Roller Skating" and the four compulsory political courses of colleges and universities are research textbooks. Using research methods such as text analysis method, literature method, teaching practice method, etc., we focus on excavating the ideological elements of roller skating courses and applying ideological elements to teaching classrooms. Research results: The ideological and political elements of the roller skating course include 8 aspects: scientific spirit, rule awareness, family and country feelings, people-oriented, international vision, courage to fight, social responsibility, and personal ethics. In the process of roller skating competition, it can directly or indirectly reflect the awareness of roller skating rules, personal ethics, and the spirit of courage to fight; in the teaching process of the origin of roller skating development and future development prospects, it can directly or indirectly reflect the international vision, family and country feelings, and social responsibility of roller skating; in the process of roller skating techniques and tactics, it should directly or indirectly reflect the people-oriented and scientific spirit.

## Keywords

Colleges and universities; roller skating courses; elements of ideological and political teaching.

## 1. Introduction

"Curriculum thinking" is a comprehensive educational concept that builds a pattern of educating people in the whole staff, the whole process, and the whole course, and the various courses are walked in the same direction as the ideological and political theory courses, forming a synergistic effect, and taking "li de shu ren" as the fundamental task of education<sup>[1]</sup>. In 2018, "driving 300 million people to participate in ice and snow sports" is General Secretary Xi Jinping's sincere entrustment to carry out mass ice and snow sports, and is an important goal for the development of domestic ice and snow sports. The "North Ice South Exhibition, 300 million people on the ice and snow" was carried out in various provinces and cities in full swing<sup>[2]</sup>. Roller skating belongs to ice hockey, referred to as land hockey, and this sport is also in full swing in the context of "bringing 300 million people to participate in ice and snow sports". Roller skating is fast and fiercely confrontational, so in the teaching process of roller skating in colleges and universities, the necessary elements of ideological and political teaching should be added. Therefore, roller skating teachers should integrate the relevant content of the ideological and political course into the teaching of roller skating in the teaching process. Suggestion: Roller skating teachers in colleges and universities should lead by example and

establish a correct outlook on life, values and world outlook for students; in the teaching process, teachers should cite famous examples or figures to promote students to form a correct understanding of roller skating.

## **2. Analysis and application of ideological and political teaching elements in the process of roller skating competition**

### **2.1. Awareness of rules in the course of roller skating competitions**

Ancient language: no rules, no squares. Roller skating also has corresponding competition rules, and roller skating rules are extremely complex among many economic projects. Secondly, the core essence of the rules integrated into the teaching process is to promote students to form a deep sense of legal norms through the binding force of the rules, and ultimately cultivate a social person who conforms to social legal norms. Finally, the cultivation of awareness of roller skating rules is conducive to promoting students to restrain themselves at all times and develop good personal habits.

### **2.2. Personal conduct during roller skating competitions**

First of all, there is a fierce confrontation in the process of roller skating, which is often accompanied by unintentional and intentional informal competitive confrontation in the process of competition. Therefore, it is necessary to add personal ethics teaching in the process of roller skating teaching, which is conducive to reducing the injury rate in the process of roller skating competition and reducing the injury coefficient of roller skating sports. Secondly, the addition of personal ethics and political elements to the teaching of roller skating is conducive to promoting students to form a correct personal morality. Finally, the addition of personal ethics and political elements to the teaching process of roller skating is conducive to promoting the formation of a good moral atmosphere among students and driving more people to form a good moral cognition.

### **2.3. Courage to fight in the process of roller skating competition**

First of all, many male teenagers in today's society have a partial feminine phenomenon, which also promotes the spirit of the original Chinese men who are not afraid of life and death, and have the courage to fight cannot be inherited. Secondly, under the guidance of Chinese Confucian academic thought, some Chinese people often have the idea of moving emotion and understanding reason, but in the face of some people with unhealthy minds, these practices with moral thinking are useless. Finally, in the sport of roller skating, we should constantly stimulate students' sense of struggle and promote students to form a spirit of continuous struggle and heroic progress.

## **3. Analysis and application of ideological and political teaching elements of the origin of roller skating development and future development prospects**

### **3.1. The origin of the development of roller skating and the international perspective of future development prospects**

First of all, roller skating was born in the early 18th century as a sport of an international character. Second, after China has experienced "ping-pong diplomacy", it has proved that it is feasible to connect with the international community through sports, which is conducive to the integration of China and the world. Finally, roller skating originated in the Netherlands and flourished in Europe, and Chinese roller skating can also win more respect from European countries and improve national prestige.

### **3.2. The origin of the development of roller skating and the national sentiment in the future development prospects**

First of all, in the process of General Secretary Xi Jinping proposing to "drive 300 million people to participate in ice and snow sports", the general secretary not only wants the people in the north to be on the ice, but also the people in the south to be on the ice. Secondly, roller skating as a land hockey, this sport can be used as a pre-adaptation sport in the promotion of ice and snow projects. Finally, under the guidance of General Secretary Xi Jinping, the teaching process of roller skating should always establish a sense of home and country for students that is compatible with today's society, and then promote the development of this sport.

### **3.3. Social responsibility in the origin of roller skating development and future development prospects**

Through roller skating, China can demonstrate its national strength in the international community. So, how can we promote the continuous improvement of domestic roller skating level and finally show great strength in the international community? The promotion of a sport in a country is mainly through the following two ways: first, through the national system to rapidly improve the level of outstanding talents in the domestic transport; second, from the huge total population of sports to continuously optimize the screening, the formation of a reasonable set of competitive selection system, and create a good sports atmosphere. Therefore, teachers should establish continuous struggle in the teaching of roller skating, enhance their own strength, lay a solid foundation for roller skating teaching in society in the future, and cultivate better roller skating and ice hockey talents for the country.

## **4. Analysis and application of ideological and political teaching elements in the teaching process of roller skating skills and tactics**

### **4.1. People-oriented in the teaching process of roller skating skills and tactics**

Roller skating is fiercely competitive and confrontational, and if roller skating techniques are not used properly, they can lead to serious injuries and deaths to athletes. Therefore, in the teaching process of roller skating, people-oriented ideas should be added, so that students should pay attention to their own safety and the safety of others in the process of hard work, and promote students to use correct techniques and tactics in the process of roller skating competition to avoid unnecessary injuries.

### **4.2. Scientific spirit in the teaching process of roller skating skills and tactics**

Roller skating has reached a high degree of scientificity after years of development in technical and tactical convenience. However, some athletes still use unnecessary violence to gain benefits in the process of roller skating competition. Therefore, roller hockey teachers should integrate the spirit of science into their teaching, promote students to choose appropriate techniques and tactics, and avoid injuries to themselves and others.

## **5. Roller skating is combined with china's fine traditional culture**

### **5.1. Integrate the traditional Chinese martial arts into the competition**

There is a saying in chinese martial arts circles: martial arts is a killing technique, and the two meet the brave to win. From this sentence, it can be seen that in the martial arts competition, the two will use their full strength so that they will not be killed by each other. Therefore, in martial arts competitions, there must be the idea of hard work. However, looking at the current situation of men in today's society, with pseudo-womanhood, femininity, and weakness as the criterion for judging, this also promotes the continuous development of the personal

personality and psychology of a new generation of adolescents in the direction of women. Then, in the more intense roller skating sports, adding the idea of Chinese martial arts to fight hard, not defeating the other party's idea of never giving up, can effectively improve or cure the phenomenon of feminization of today's adolescents, promote the continuous development of today's adolescents in the direction of flesh and blood, dare to fight, and promote the continuous formation of young people with male characteristics.

## 5.2. Integrate traditional Chinese Confucian culture into competitions

While fighting hard in competitive activities, you must also maintain a little sanity. Therefore, it is very necessary to integrate Confucian culture into the process of competition, because the respect and equality in Confucian culture are very much in line with modern competitive thinking. First of all, at the beginning of the competitive movement, the two teams are equal, and at the beginning of the competitive movement, the two teams will gesture to each other, shake hands with each other, exchange gifts, etc., which are the external manifestations of "etiquette" in Confucian culture. Therefore, in roller skating competition, in addition to fighting hard to destroy the opponent, it is also necessary to respect the opponent. Secondly, because roller skating is a team sport, it is impossible not to rely on the opponent to make more than one dozen in the process of roller skating, so in the process of roller skating competition, you need to rely on teammates, believe in teammates, and cooperate with teammates to better play your own style, improve the viewing of the game, etc. In this process, the "faith" in Confucian culture is particularly important, and the integration of Confucian "faith" in the process of competitive teaching can better promote team unity and promote the team to better complete the competition.

## 6. Conclusion

Roller skating is fiercely resistant, and in many roller skating matches, some athletes have been seen using violent means to gain benefits, as well as disrespecting the performance of referees and opponents. Therefore, teachers should introduce ideological elements in the teaching process of roller skating, neutralize the violent side of roller skating, and reflect the highly competitive and good ornamental aspects of roller skating, so as to encourage more students to join the big family of roller skating and promote the process of "leading 300 million people to ice". In addition, roller skating, as a modern ornamental and confrontational sport, has also attracted the attention of many people. Therefore, in the teaching of roller skating, we should introduce the fighting ideology in traditional Chinese martial arts, promote the team members to work hard in the game, strive to defeat every opponent for themselves, win glory for their families, friends, provinces and cities, and the country, and strive to play the heroism of Chinese men and change the image of Chinese in the world. Of course, in addition to working hard in roller skating, we should also integrate the Confucian ideas of equality, respect and belief. Respect for opponents, respect for referees, respect for teammates, respect for the audience; believe in teammates, maintain team unity; believe in referees, and maintain fair judgments; only in this way can we reflect China's style as a big country, can we reflect the Chinese nation's cultural influence for thousands of years, and can we continuously promote Chinese culture to the international and improve the international status of the country.

## References

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