

How to Effectively Integrate the Ideological and Political Education in Colleges and Universities with Chinese National Music

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Abstract

General secretary Xi Jinping pointed out: "we must adhere to road self-confidence, theoretical self-confidence and institutional self-confidence. The most fundamental is cultural self-confidence. Cultural self-confidence is a nation, a country and a political party's full affirmation and positive practice of their own cultural values, and a firm confidence in their own cultural vitality. Chinese national music has a long history with distinct national characteristics and cultural connotations. As an important part of Chinese outstanding traditional culture, Chinese folk music has had a profound impact today. This paper focuses on the infiltration of the aesthetic education of Chinese national music into students' Ideological and political education, broadening the path of students' Ideological and political education, using the appeal of Chinese national music to carry out students' Ideological and political education, guiding students to inherit excellent traditional culture, and improving students' Ideological and moral quality. It points out the effective way to integrate cultural self-confidence into Ideological and political theory course.

Keywords

Chinese national music; ideological and political education; methods; approaches.

1. The Meaning and Function of Chinese National Music

Chinese national music is an important part of Chinese excellent traditional culture, with distinct national characteristics, reflecting the characteristics, psychology and aesthetic taste of a nation, and is a symbol of national spirit. It is based on the production, labor and social life of various nationalities. After a long-term development, it has formed a variety of music forms, including folk music, literati music, etc., as well as music works created by modern Chinese composers. It plays an indispensable role in cultivating the patriotic spirit of contemporary college students and inheriting Chinese culture.

2. The Role of Chinese National Music in the Ideological and Political Education of Students

2.1. Innovating the Means of Ideological and Political Education

Chinese national music is an abstraction of the labor and life of all nationalities. It can lead people into a world full of national feelings, feel the unique charm, accept the influence of national spirit and culture, and master the direction of national thoughts. Taking Chinese national music education as the starting point is conducive to the innovation of Ideological and political education means and the promotion of College Students' Ideological and political education mode. At present, college students are in an important stage of Ideological and political education. They have a keen insight into the sounds of the outside world. Chinese national music is a kind of art form with strong emotional color, which can greatly enhance the

enthusiasm and yearning of college students for a better life. In addition, the extensive coverage of Chinese folk music education will greatly affect those vulgar and interesting music. Comprehensive universities should vigorously promote Chinese folk music works and promote the voice of national music to college students, so as to play an educational role in Chinese folk music.

2.2. Improve Personal Ideology

Patriotism is a traditional virtue of the Chinese nation and an important work of Ideological and political education for college students in the new era. Chinese national music education can integrate patriotism into the heart of college students. For example, the Yellow River Chorus reflects the national war of the Chinese nation, sings the national voice of safeguarding the country and praises the national spirit of bravery and fearlessness. The Yellow River Chorus has inspired the Chinese people to win the great victory of the Anti Japanese War, and it is also the spiritual banner that generations of Chinese people will never fade. From ancient times to now, many excellent red music works have been spread to this day. Music works of different themes and different genres stimulate students' patriotic enthusiasm from all aspects, gradually deepen the field of education, and enhance the enthusiasm of college students to love the motherland through the strong appeal of Chinese national music art.

2.3. Improve the Aesthetic Consciousness of College Students

Music is the art of hearing. It needs to feel beauty and cultivate beauty through hearing. Chinese national music contains the art image of the works and the aesthetic activities of the students to infect and educate the students. With its unique "beauty" to influence the education object, with emotion to sound, with voice to emotion, with both voice and emotion, with emotion to move people.

2.4. Improve Human Quality and Personality Charm

Humanistic quality is the core content of culture and an important indicator to measure the quality of college students. Students who lack humanistic quality often encounter various problems in their study, life, communication and getting along, which seriously affect their emotions. Therefore, the integration of Chinese folk music education into the ideological and political education of college students can not only cultivate the emotion of college students, but also improve their taste and temperament, improve and shape their personality charm, and mobilize their personality charm. The subjective initiative of college students, and make them have the combination of consciousness and emotion to promote their development of good humanistic quality, so as to constantly improve their moral quality.

2.5. Can Optimize Psychology

Psychology is an important part of Ideological and political education. Music is the art of sound and the perceptual form of human being stimulated by external things. It can be seen that music is the art of soul, which can stimulate and optimize people's psychology and improve people's physical and mental health. Chinese national music is the abstract of the life of all nationalities. The lyrics are beautiful and the melody is soft. It pursues the harmony between human and nature, such as "double springs reflecting the moon", "cicadas singing", "bamboo forest deep", etc., which can promote self-examination, purify the mind, and cultivate strong musical will and musical psychology.

3. The Way of Integrating Chinese National Music Into Students' Ideological and Political Education

3.1. Stick to One Center

Ideological and political education of college students is an important central work for their growth and development. We should not only guide students to master professional skills, but also cultivate students' comprehensive quality and moral quality. At present, the way of Ideological and political education of college students is mainly the way of Ideological and political education. In the current multicultural background, a single ideological and political education can not meet the needs of students. Chinese national music has a long cultural origin, with a variety of regional characteristics and styles. It not only enriches the form and content of education, but also has a positive impact on students' mind.

3.2. Two Hands

With the first and second class as the starting point, Chinese folk music will be integrated into the ideological and political education of students. In the first class, the syllabus can be formulated according to Chinese national music, and teaching activities can be carried out within the prescribed teaching time. The second classroom is a learning practice activity with quality education connotation compared with the first classroom. In addition to the courses specified in the teaching plan, students can also participate in and organize various activities related to Chinese folk music. The first classroom and the second classroom are two ways to carry out the ideological and political education of college students.

3.3. Relying on Three Projects

First, combining social practice, theoretical publicity and academic activities, rehearse and perform Chinese folk music works regularly. 12.9 commemorative activities, 5.1 commemorative activities, etc. The second is to perform and interact in towns, communities and homes for the aged. Some people living in the elderly community have a deep understanding of Chinese traditional culture, especially the elderly audience expressed their feelings, which deepened the students' more intuitive understanding of the cultural background and historical process of the works performed. Students will get these real feelings into the works again, improving their quality in the creation of works. Third, field experience. Chinese national music plays an important role in Ideological and political education. In addition to social practice, theoretical lectures, academic activities and performances, there is also an important way of educating people, that is, on-the-spot experience. The research and experience of Chinese folk music is far from enough by words alone, and there are still a lot of materials with educational functions in the folk. Such as Jiangnan Silk bamboo, Fujian Nanyin, Xi'an drum music, Guangdong music and so on, these are the precious wealth of Chinese national music. Through on-site visit, we can really see the folk live music performance and on-site experience. Let students experience the fun of participation, expand the education mode of Chinese national music, expand students' vision, and improve the effect and role of Chinese national music in Ideological and political education.

4. The Value Evaluation of Chinese National Music in Ideological and Political Education

4.1. Future Challenges

First of all, China is a multi-ethnic country. Fifty six people are good at singing and dancing. There are countless national music handed down, each with its own characteristics. Therefore, no matter in the theme and form of music, or in the tune and style of music, it embodies the

diversity of national culture. However, because the western music theory system was mainly used in our school education in the last century, it led to the general truth of western music theory in theory and creation, not only taking the western music genre as the model, but also westernizing in music thinking. In terms of value orientation and emotion, some people pay more attention to the West than the middleman. Even in the west, China's national music education has always been in a subordinate position, which not only has a significant impact on the cultural heritage of national music, but also has a significant impact on the integration of Chinese people into the ideological and political education of college students. Second, the commercialization of music. Under the condition of market economy, music is a kind of labor product and commodity, which can produce value in the process of circulation. However, the blindness of the market also makes the national music too commercialized, and the hype and over packaging of music make music lose its natural essence, which is inevitable. In addition, under the impact of the commercial tide, the aesthetic standard of "harmony" in Chinese national music has also been impacted by multiple aesthetic standards, such as all kinds of musical talent performances, such as "China's good voice", "I am a singer", which are full of advertisements and funny. Many people want to become famous overnight, and people lose the ability to distinguish art. In essence, the commercialization of music makes people lose the recognition of socialist core values, and ideological and political education is facing great challenges. Third, the influence of multicultural music. With the development of the world's diversification, music also presents the characteristics of diversification, which also has a serious impact on Chinese national music, and its characteristics are gradually diluted. In modern society, people are faced with great pressure of work and life. The catchy pop music has become a relaxing choice. In addition, the living environment of national music is getting worse and worse, the living space is getting smaller and smaller, and the situation is very awkward. Fourth, the lack of Chinese national music education. Education is the key way for the inheritance and development of national music, but the music education in China has always been on the road of Westernization, focusing on technology and ignoring theory. This is the product of Westernization, which is not conducive to improving the imagination and creativity of music, resulting in no successor of national music. [4]

4.2. Future Opportunities

With the passage of time, pop music can be seen everywhere, and the mystery of western music has gradually disappeared. That kind of alternative music is just a temporary pastime, not appreciation and appreciation. Modern people began to pursue the essence of music, and reestablished people's recognition of music value. The rise of Chinese national music lies in its inherent musical nature and its artistic shock to people. In addition, Chinese national music is the carrier of socialist core values education and the soul of the Chinese nation. China's socialist cultural construction has also been put on the agenda. Chinese national music has become the lifeline of connecting national feelings and maintaining national unity. Ideological and political educators should seize the opportunity to realize the ideological and political education value of Chinese national music.

5. The Prospect of Integrating Chinese National Music Into Students' Ideological and Political Education

Chinese national music has a strong artistic color. All kinds of music works fully mobilize the students' perception, bring students emotional experience, and increase the humanistic color of Ideological and political education. Starting from the students' reality, the ideological and political education of patriotism, collectivism, honesty and trustworthiness should be strengthened constantly, which is conducive to the improvement of students' personality and comprehensive quality. It is necessary to integrate Chinese national music into students'

Ideological and political education, and help students establish correct world outlook, outlook on life and values through the effective communication form of Chinese traditional music, so as to realize the education of students' thoughts. In the future, we must constantly excavate the essence and connotation of China's national music, actively carry out various activities of China's national music, and strengthen the effectiveness of China's national music in integrating with the ideological and political education of students in the light of students' Ideological and political education. [3]

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